



Bismarck Veterans Memorial Public Library

****Media Advisory****

March 11, 2019

FOR IMMEDIATE RELEASE:

Tai Chi Sessions

WHAT: Join instructor Craig Triplett for a beginning Tai Chi course. These free sessions will run for twelve weeks, March 12-May 28, 2019. No need to bring a mat, wear comfortable loose clothing. No registration required. This course is for adults.

WHEN: Tuesdays, March 12-May 28, 10:00am-11:00am

WHERE: Bismarck Veterans Memorial Public Library - Meeting Room A

Media is invited to attend.

For more information please contact:

Sarah Matthews
Adult Program Coordinator
(701)355-1485
smatthews@bismarcklibrary.org

For information available to the media, visit their press kit: <http://bismarcklibrary.org/250/For-the-Press>.

Follow them on Facebook: www.facebook.com/bismarcklibrary/

xxx