



Bismarck Veterans Memorial Public Library

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MEDIA ADVISORY

FOR IMMEDIATE RELEASE: Bismarck Veterans Memorial Public Library -
Disc Golf Sets Now Available for Checkout

WHAT: Bismarck boasts disc golf courses at Sibley Nature Park, Lions Park, United Tribes Technical College, and Bismarck State College, but access to this sport is limited to those with the equipment to play. Thanks to a partnership with Bismarck- Burleigh Public Health, the library has added disc golf sets to its growing “library of things.” Sets include three discs – driver, mid-range, and putter discs – and a carrying case. They are available to be checked out for seven days; inquire at the checkout desk. “Being physically active and spending time outdoors has been shown to improve both physical and mental health,” says Katie Johnke, nutrition services coordinator at Bismarck-Burleigh Public Health. “Disc golf provides an opportunity to move your body, connect with others, and improve your mood.” Other summer items available for library checkout include fishing poles, children’s life jackets, and the ever-popular North Dakota state park pass -- the library’s top circulating item last year.

WHERE: Bismarck Veterans Memorial Public Library Checkout Desk

WHO: Free and open to all ages.

FOR ADDITIONAL INFORMATION CONTACT: **MATT HOVLAND, HEAD OF CIRCULATION SERVICES**
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