



Public Health
Prevent. Promote. Protect.

Bismarck-Burleigh Public Health

Fit Testing

Pre-Test Requirements Checklist

Organizations wanting fit testing must have a respirator program in place prior to any fit testing conducted. Organizations wanting fit testing must **provide their staff with education** prior to BBPH staff arrival. This education will include the following topics:

- Fit test definition/concept explanation
- OSHA Respirator Medical Questionnaire
- Donning/Doffing N95s
- No eating/drinking anything in the hour prior to testing
- Individuals must be clean shaven for test
- Taste/Smell requirements
- Individuals to be tested must not be pregnant
- Previous fit testing results and equipment review
- All individuals must watch this YouTube video (<https://youtu.be/HmlqEikHkoE>) prior to the testing event.

A room will need to be provided to conduct the fit testing. Preferably, individuals to be fit tested will don/doff N95s and present paperwork in a location outside this room to prevent mask contamination.

All individuals who want respiratory fit testing must complete an **OSHA Respirator Medical Evaluation Questionnaire** (<https://www.osha.gov/sites/default/files/publications/OSHA3789info.pdf>). This form must be reviewed by a medical provider at a PA level or higher. This medical provider gives approval for the individual to be medically cleared to wear an N95 mask and receive a fit test. The questionnaire must be completed, reviewed and results given to each individual prior to BBPH completing fit testing. The employer should keep this form in the individual's personnel file.

Organizations wanting fit testing must **schedule staff to present for their fit test**. Depending on the type test conducted, qualitative or quantitative, it is possible that more than one individual may be tested at a time. See the Fit Testing Block Schedule for an example of how to schedule fit testing. A completed copy of this schedule will be shared with individuals performing fit testing.

Organizations wanting fit testing will need to **provide masks** used for testing. Organizations may order personal protective equipment (PPE) from the North Dakota HAN Assets (<http://hanassets.nd.gov/>).

Your ability to smell and taste is necessary to receive qualitative respiratory fit testing (testing that utilizes hoods and spray). If your ability to **smell or taste has been compromised**, you will only be able to receive quantitative fit testing (using a PortaCount machine) or you may not receive respiratory fit testing until you have regained use of your senses.

If an organization's staff have had a respirator fit test performed in the past 12 months, a **copy of that result** must be provided to testing staff. This does not apply to individuals needing a respirator fit test for a new N95 brand/size/style due to supply shortages.

Individuals should not be respiratory fit tested if **exhibiting any symptoms of illness**, including but not limited to influenza, COVID-19, etc. An individual wanting respiratory fit testing must not be in a "quarantine" status.

If an individual wanting fit testing **regularly wear glasses**, or wears them performing activities in which they may be wearing an N95 mask, glasses will need to be worn for respiratory fit testing.

The organization receiving fit testing must have an individual available for day-of-testing needs including paperwork, room accommodations, etc. This individual should also be aware of the organization's respiratory protection program.

If an individual does not pass on a particular style of mask (i.e. 1860 S), a different mask (i.e. 1860, 1870, etc.) may be attempted if the individual so desires, by signing up for an open time slot. In the event that one, or multiple, aspects of this checklist are not completed, staff may end the fit testing prematurely.

Note: Organizations that need assistance, or have questions, with this checklist, may contact SWC Regional Coordinator Crystalynn Kuntz by phone (701-355-1546) or by email (ckuntz@bismarcknd.gov). This form must be signed and returned prior to fit testing commencing.

Signature

Date