

Attendees:

Bea Kaiser (Bismarck Public Library), Brad Brown (West Central Human Service Center), Caitlin Horne (Bismarck PD), Cassandra Scherr (Community Options), Carrie Grosz (Carrie's Kids), Cathy Palczewski (Heartview), Christine Kujawa (Bismarck Public Library), Dawn Marquardt (Parent), Doreen Eichele (Dacotah Foundation), Gary Schaffer (Bismarck County Sheriff's Dept), Jason Tomanek (City of Bismarck), Jena Gullo (United Way), Kacey Peterson (Ministry on the Margins), Kurt Snyder (Heartview), Lynden Ring (West Central Human Service Center), Marcia Schauer (CHI St. Alexius), Melanie Hanson (Centre Inc.), Michelle Erickson (AARC), Raya Rood (Student), Renae Moch (BBPH), Theresa Schmidt (BBPH), Sue Kahler (BBPH), Theresa Liebsch (Vision Zero), Tricia Brown (Legacy Medical), Wendy Hafner-Bakken (Bismarck Public Schools), Jason Stugelmeyer (Bismarck PD)

Total Attendance: 26

Welcome/Introductions

Renae Moch, Director, Bismarck-Burleigh Public Health (BBPH)

Renae welcomed everyone and gave a quick update on the Better Bismarck Campaign to address behavioral health issues, substance abuse, homelessness, and addiction in the City of Bismarck. She stated they are still working on funding and will have a better update at the next quarters meeting.

Subcommittee Updates

Prevention & Education Subcommittee

Drug Free Communities (DFC) Grant--Carrie Grosz, Carrie's Kids

Carrie was in DC, along with Kat Zimmerman for CADCA Conference recently. She gave several updates on substance abuse and mental health. There is an elevated risk for 12-20 year olds which has been on the rise since the pandemic. She stated that according to stats, 1 in 3 high school students experience poor mental health. She shared that some of the trends like vaping, overdosing, alcohol poisoning, etc. along with changes that have occurred such as distance learning due to the pandemic have caused major concern in communities. When studying these things, they have seen the impact it has had on young people. Prescription stimulants are on the rise, which college and high school kids can get their hands on very easily. 6 in 10 pills are laced with fentanyl; referred to as the "dark net", because students are able to get access to it through Snap Chat, Facebook, TikTok, etc. She stated that 2mg of fentanyl is a lethal dose. Carrie gave stats on drug and alcohol abuse. There are currently 2 big cartels that are manufacturing these "fake drugs" as fast as possible. There is also 1 in 5 deaths among adults age 20-49 from excessive alcohol use. Binge drinking is the most common, costly, and deadly form of alcohol abuse. 9 out of 10 excessive drinkers are **not** alcohol dependent. She shared information on a map that she and Kat looked at that shows how businesses that sell alcohol, tobacco, vapes, etc are usually concentrated in certain areas of town, such as South part of Bismarck. ND is 1 of 6 states that ranks in the highest for youth binge drinking. She shared that Bruces Law and Coopers Law are coming up, both of which have to do with methamphetamine and fentanyl. Only 3 out of 53 counties in ND have grants. Only public health departments can apply for funding. Carrie expressed her concern about our growing epidemic in the state and that our surveys aren't accurate because kids aren't being honest on them.

SOR Grant – Sue Kahler, SAP Coordinator

Sue shared data on Narcan doses given from Jan.-Dec. 2022; we've dropped down slightly from 2021 to 2022--172 doses given, 107 saves, 14 fatalities. There has been Community Narcan Trainings held throughout 2022; in partnering with Heartview Foundation and ND Safety Council, along with individual training through Bismarck-Burleigh Public Health, there has been 306 people trained this year. The training will continue, plus they are working with pharmacies to provide Opioid Education Response Kits. If a patient is subscribed an opioid, they will also be provided with a FREE Narcan, information on how to administer the Narcan from your pharmacist, along with a deeter bag to dispose of any unused opioids. Sue shared that they also promote "take back" locations and hold "take back" events at Burleigh County Senior Center. They held one here in Bismarck and one in Wing.

Fake ID Project – Officer Horne, Bismarck PD

Officer Horne presented at the CADCA Forum this past week. She and Sue were both presenters on the Fake ID Project. There were 3 or 4 people from different states that came specifically to get information on the project, how it worked, and how to get it started in their state. They had a lot of questions on the ID scanners and several people interested in finding out more information on implementing it. Overall, Sue and Officer Horne felt it was a great response. There were over 4000 attendees at the forum from different states and countries. So far, there are 5 bars have the ID scanners up and running, and all 3 colleges are working with Officer Horne. The establishment will contact Officer Horne if they get a fake ID, Officer Horne keeps a list and sends it out to the colleges. The college will address it with students through their Student Code of Conduct and then let Officer Horne know how many students they've talked to. To date, 203 fake ID's have been confiscated. They get roughly 1-5 per month. With Borrowed Bucks closing, other establishments are on the watch since they know those students will be going elsewhere. Officer Horne stated the establishments in Mandan that are currently using scanners are The Drink, Main Street Liquors, and Stage Stop. There are also several students that have duplicate ID's.

Student Subcommittee – Raya Rood

Raya gave information on the upcoming Superbowl Sticker Shock; they've contacted 14 different places and given out approx. 6000 stickers that will go on pizza boxes throughout the community during Superbowl weekend. They are also working on coffee sleeves for National Drug and Alcohol Fact Week which is March 20th-26th. They have had a great response so far.

Intoxication/Withdrawal Management

Deputy Jason Stugelmeyer, Bismarck Police Department

Deputy Stugelmeyer shared numbers for Intoxication Management. They had 170 detox reports in 2022. Numbers are significantly lower than most years prior. There doesn't seem to be any "hot spots" when looking at addresses. He also shared information on the Opioid issue—the numbers between 2021 and 2022 are almost identical. 19 deaths from overdose in 2021, 20 deaths in 2022. Overdoses totals in 2022 was 135, compared to 134 in 2021. Fentanyl deaths in 2022 was 13. Oldest age of overdoses (not deaths) was 64 years olds, and 13 years old was the youngest. Point of contact for mental health reports is Sargent Darrin Heinert. He screens cases and does follow up if needed, etc. As far as Enforcement, Bismarck PD has requested additional resources in narcotics investigation and enforcement. They were awarded 2 additional narcotics detectives and 1 sargent for 2023. There will be a unit that will be assigned to the Task Force which is supervised by a sargent from Bismarck PD. They are hopeful that they will be able to make a big impact on targeting some of the high level offenders that are bringing narcotics to Bismarck.

Deputy Stugelmeyer also gave an update about a “problem house” they’ve had over the years....this past weekend they issued 41 minors at a party; it was very man-powered and intensive to issue all the citations. He states the King Pins bringing drugs into the community are mostly from Detroit. They are getting smart and rotating their groups out for shorter periods of time. Renae Moch asked if she could connect after the meeting to see a trend-line since they’ve began their work in 2017 and how they’ve changed since then.

Lynden Ring, West Central Human Service Center - Emergency Crisis Services—Lynden states that, at times, they’ve had to adjust beds due to Covid, Influenza, and staffing issues. Typically 35-50% of admissions involve social detox, primarily due to withdrawal from alcohol, and a close 2nd is meth detox. Length of stay seems to be about 6-10 days. Primary referral sources are the hospitals and the individuals from teams that West Central works with, but the person doesn’t need to be a client of West Central; its open to the community. BAC needs to be at 0.25 or below for admission. If BAC is higher than 0.25, West Central works with hospitals or other facility to keep patients a little longer.

Brad Brown, West Central Human Service Center--Brad also gave statistics from July 2021 to December 2022, there were 5,940 calls into crisis call center, just for our region. There were 782 calls into the mobile crisis unit. There has been 2,260 crisis services provided by WCHSC and 819 admissions to the West Central Crisis Residential Facility. Breaking it down by percentage, the results following Crisis Assessments by the Crisis Team, 34% of individuals served are referred to WCHSC, 18% are referred to the Crisis Residential Unit, 6% are admitted to ND State Hospital, 5% Safety Planning, 3% Emergency Room, 3% to Community Treatment, 2% other, 1% have follow-up calls, and 1% Other Inpatient Admissions. It seems overall projectory for admissions has been increasing. Renae Moch asked about number of beds; currently there are 10 beds available. The number of beds can fluctuate at times depending on staffing, COVID, etc. Lynden also asked Deputy Stugelmeyer about the drop off process now that the BAC has dropped to 0.25; Deputy Stugelmeyer will check on the process and get back to him.

Dr. Tricia Brown, DNP, APRN, FNP-BC; Legacy Medical - Mosaic Community Triage—Tricia met with Dept of Health and described the process she wants to implement in her facility; because of the services she wants to offer, she was designated as a “specialty hospital”. Requirements for a specialty hospital building are significant and funding would be a concern. It was decided that the services they offer wouldn’t fit into a “specialty hospital”, so they’ve decided to go back under Dept. of Behavioral Health. In order to do that, it requires legislative changes. Tricia met with Todd Porter to discuss changes. A bill was introduced into legislature which would move acute medically managed drug and alcohol abuse from Dept of Health to Dept. of Behavioral Health. She will have to give testimony on the bill at some point and then once Mosaic is approved under Dept of Behavioral Health, she can move forward with finding a building that would be ideal for her services. She has also looked at partnering with Ministry on the Margins.

Treatment & Recovery

Cathy Palczewski, Heartview - Opioid Grant Project Manager

Cathy provided an update on the Opioid Grant. Heartview staff, Dr. Brown, Kurt Snyder, and Cathy met with Direct Care nurses at Sanford. Since the meeting, the calls into Heartview have increased some. Cathy, along with Dr. Henke also met with CHI doctors; they had questions about dosing, and how to induct someone on Suboxone. There has been 6 calls from hospitals since the last meeting, all of these patients are receiving Heartview services. One person is discharging today, 3 of them are in the day treatment program, 1 is in residential currently, and 1 is checking into residential today. Recovery coaches are attached to them. She states that one of these patients was given 8 doses of narcan and had a BAC of

0.43 in the emergency room. Also of the 6 that are in their services, 3 of them are receiving methadone, 1 is receiving suboxone, 1 is receiving naltrexone, and 1 is not on anything. The feedback is that the patients are very grateful to the Heartview Staff. The stays in the ER average 4-5 hours and most of them don't have anyone with them.

Kaitlin Weiss, RN - Mandan Good Neighbor Project Coordinator—not on call

Assignments/Next Meeting

May 9th, 2023 from 10am-11:30am

Location to be announced (in-person)

Meeting Adjourned at 11:00am

Meeting minutes taken by: Dawn Brunelle (BBPH)
