

Halloween Safety



Playing it safe on Halloween

Halloween is an evening of fun, costumes, and candy. To make sure this spooky night is a safe one, parents and children should follow these safety rules.

Eating the treats

What to eat? Only unopened candies and other treats that are in original wrappers. By all means, remind kids not to eat everything at once or they'll be feeling pretty ghoulish for a while.

Check out all treats at home in a well lit place before allowing your child to consume them.

Kids need to know not to eat their treats until they get home. One way to keep trick-or-treaters from digging in while they're still out is to feed them a meal or substantial snack beforehand.

Consider This

Parents and kids can avoid trick-or-treating troubles entirely by organizing a Halloween costume party with treats, games, contests, music, scary stories, and much more. Make your Halloween party the place to be. Many organizations in the community offer Halloween festivities for families.

Preparing ghosts and goblins for their tricks and treats

- Make sure older kids go out with friends. Younger children should be accompanied by an adult. If you live in a rural area, offer all kids a ride in the car.
- Set a time limit for children to trick-or-treat. Together, map out a safe route so you know where they'll be. Remind them not to take shortcuts through backyards, alleys, or playing fields.
- Remind kids never to enter a stranger's house or vehicle.
- Try to get kids to trick-or-treat while it is still light out. If it is dark, make sure the children are carrying flashlights that work and use well lit streets.

Make sure your kids dress up safely

- Keep costumes short to prevent trips, falls, and other bumps in the night.
- Try make-up instead of a mask. Masks can be hot and uncomfortable and, more importantly, they can obstruct a child's vision - a dangerous thing when kids are crossing streets and going up and down steps.
- Make sure kids wear light colors or put reflective tape on their costumes.
- Trick-or-treaters always should be in groups so they aren't a tempting target for real-life goblins. Parents should accompany young children.